

# Physical Education

AS LEVEL

A LEVEL

## COURSE CODE

AS Level      OCR H155  
A Level        OCR H555

## ENTRY REQUIREMENTS

6 Grade in GCSE Physical Education  
6 grade in GCSE Core and Additional Science or 6 grade in Biology  
Students should be regularly competing and receiving coaching in at least 1 sport

## WHAT WILL YOU LEARN?

- Students study a variety of theory-based units on Anatomy and Physiology, Exercise Physiology, Biomechanics, Sport and Society, Technology in Sport and Skill Acquisition.
- Students will also learn how to improve their own practical performance & analysis skills in their chosen sport.

## ASSESSMENT

### AS Level

70% = 2 written exam papers (1 hour 15 mins. each) (70 marks per paper)  
30% = Non examined practical assessment in 1 sport with a live or recorded analysis of their own performance (60 marks)

### A Level

70% = 3 written exam papers (1 x 2 hours, and 2 x 1 hour) (90 & 60 marks)  
30% = Non examined practical assessment in 1 sport with a live or recorded analysis of their own performance (60 marks)

## NEXT STEPS

A-Level PE students go on to study a wide range of subjects at degree level. Universities and employers actively welcome students who have developed key skills such as leadership and an ability to work in teams when playing sport, in addition to academic achievement. Specific higher education courses include Physiotherapy, Sport and Exercise Science, Sports Development, Sports Management and Physical Education teaching.

## CAREER INFORMATION

Studying A-Level PE can be the starting point for a career in the ever-expanding sport & leisure and health & fitness industries. Students who study the subject have gone into teaching, sports physiotherapy, sports/leisure management, personal training, sports development and sports coaching.

## EXTRA COSTS

Students will attend an enrichment trip in Year 12 to enhance their subject knowledge, which will require a payment of around £20.

